



Six Simple Steps to International Shipping

We make it easy. We make it efficient.

Each day, UPS helps businesses stay on schedule and meet customer demands. UPS offers a complete array of international shipping services for exporting and importing that are designed to meet the expanding needs of your business. Take these simple steps to international shipping with UPS and you'll be ready for global trade.

[Step 1: Register for My UPS and open a UPS account](#)

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Step 1: Register for My UPS and open a UPS account

My UPS is the entry point for doing business with UPS. Once registered, you can begin to ship and track your international or domestic shipments using our online shipping tools. You need only a major credit card for billing purposes.

→ [Register for My UPS](#)

→ [Open a UPS account](#)

Step 2: Select a UPS international delivery service

UPS offers guaranteed time-definite and day-definite international delivery services that can meet your budget and scheduling needs. And UPS delivers to more than 200 countries and territories, so you're sure to find the international shipping service that's right for you.

→ [Select an international service](#)

Step 3: Calculate costs and delivery time

Need time and cost information to help you decide which UPS international delivery service is best? If you need help identifying landed costs, tariff regulations and harmonized codes, it's time to access **UPS TradeAbility™**. TradeAbility international tools can help you manage the movement of goods across international borders in a more compliant, timely and efficient manner.

→ [Calculate costs and delivery time](#)

→ [Calculate landed costs](#)

Step 4: Prepare your shipment

Prepare your shipment, label and international documentation using UPS shipping systems and tools. Follow UPS packaging guidelines to avoid delays.

→ [Select a shipping system](#)

→ [See packaging guidelines](#)

Quick Links

[Register for My UPS](#)

[Open a UPS Account](#)

[Sign up for UPS E-mail](#)

[Find Rates & Delivery Times](#)

[View International Services](#)

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[Request More Information](#)



Benefits of registering with UPS

Featured Case Study

ADW Imports

When a restaurant venture failed, Valerie Orr was forced to sell her company's furniture. Then, the light bulb went on: Orr thought that buying and selling furniture for the restaurant and hospitality industry would make a great business. What she didn't expect was the phenomenal global success that followed.

→ [Listen to Podcast](#)

→ [Learn more in the UPS Business Monitor Media Room](#)

Step 5: Get your shipment to UPS

Find a UPS service location convenient to you. Choose from The UPS Store®, UPS Customer Centers or UPS Drop Boxes. Or, if you want UPS to come to you, schedule a pickup online or call 1-800-PICK-UPS®.

At The UPS Store, international shipping experts are familiar with the packing, paperwork and procedures necessary to ship international packages. They can help get your shipments delivered on time and intact to destinations worldwide.

→ [Find a UPS service location](#)

→ [Schedule a pickup](#)

Step 6: Track your shipments

It's easy to track your international shipments on ups.com or with Quantum View®. With UPS, you can receive proactive notifications of the your shipment status, as well as view and print proof of delivery along with an image of the recipient's signature using UPS Signature Tracking®.

→ [Track your shipments](#)

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